

Fresh Start Bakery Nutrition Label Whole Wheat Bread



Nutrition Facts

Serving Size 45 g (45g)
Servings Per Container 12

Amount	% Daily Value
Calories 50	Calories from fat 0
Calories from Saturated + Trans 0	
Fat 0g	0 %
Saturated 0g	0 %
+ Trans 0g	
Polyunsaturated 0g	
Omega-6 Polyunsaturated 0g	
Omega-3 Polyunsaturated 0g	
Monounsaturated 0g	
Cholesterol 0mg	0 %
Sodium 160mg	7 %
Carbohydrate 11g	4 %
Fibre 11g	44 %
Sugars 0g	
Protein 2g	
Vitamin A 0 %	Vitamin C 2 %
Calcium 0 %	Iron 0 %

INGREDIENTS: ORGANIC WHOLE WHEAT FLOUR, WATER FILTERED, SEA SALT, YEAST, BAKER'S, COMPRESSED, ASORBIC ACID